

coffee - grub - urban farm store

2742 LAFAYETTE AVE ~ STL MO WWW.HAVEACOW.FARM (314) 261-0305

love your enemy

The mission of Have A Cow is to foster connection and provide opportunity for folks from different backgrounds to come together, break down cultural barriers and serve one another.

Growing up kids used to say, "Don't have a cow, man!" meaning don't get all excited about something. But we **want** you to HAVE A COW! We want you to get excited! And specifically we want folks to get excited about getting to know each other, serving each other and **even** loving each other - even if we're from very different backgrounds - even if we consider each other enemies.



Have A Cow beef is grass-fed, grain-finished from our ranch in Owensville, MO

Sandwiches

served with your choice of side

Sub chili as side +\$1 Gluten-free bread + \$1

Have a Cow Burger	\$1399
5oz hamburger, flame broiled, served with lettuce, tomato, pickle an onion on a brioche bun. Add cheese, egg or avocado +\$1 each. Baco	
The Half Pounder	\$16 ⁹⁹
Half pound hamburger, flame broiled, served with lettuce, tomato, p onion on a brioche bun. Add cheese, egg or avocado +\$1 each. Baco	
The Porker (BLT)	\$15 ⁹⁹
Piled high crispy bacon, fresh lettuce and tomato on toast with mayo Add cheese or avocado +\$1 each	
The Barnyard Chick	\$1599
Grilled, crispy or spicy crispy chicken breast with lettuce, tomato and served on a brioche bun. Add cheese, egg or avocado +\$1 each. Baco	pickle,
&mile and &ay Cheese	\$12 ⁹⁹
Savory grilled cheese sandwich griddled to melty perfection. Add bac	
Roasted Veggie Panini	\$14 ⁹⁹
Seasonal flame roasted vegetables, French fried onions, pepper jack and mayo served panini style	cheese
Grilled Peanut Butter with Jam	\$12 ⁹⁹
Your childhood fave taken up a notch - peanut butter and house mad (or honey if you prefer), grilled until velvety	
Garmer's Catch	\$15 ⁹⁹
Flame broiled whitefish sandwich with lettuce and mayo on a toasted	d bun
The Triple & (STEVE'S STEAK SANDWICH)	\$17 ⁹⁹
Have a Cow steak, sliced thin and grilled with peppers and onions,	
topped with pepper jack cheese and mayo on a toasted hoagie roll	
Slightly Spicy Brisket Sandwich	\$17 ⁹⁹
Slow roasted brisket in a slightly spicy BBQ sauce topped with peppe cheese, French fried onions and mayo on a toasted hoagie roll	r jack
The Cow Kicker	\$17 ⁹⁹
House made meatloaf, baked with cheddar cheese and jalapeno bits,	glazed

with BBQ sauce, then topped with more jalapenos and melty white American

cheese, served on a toasted hoagie roll.

&ide:

Steak Tries / Battered Tries	\$450
House Made Chips	\$450
Mexican Black Beans	\$450
Street Corn	\$450
Grits	\$450
Side Salad Mixed greens with tomatoes, red onion and feta, and	$^{\$4^{99}}$ d choice of dressing
Poppyseed Cole Slaw	\$499
Potato &alad	\$499
Roasted Veggies	\$499
Tomato Bisque	\$499
Beefy Vegetable &oup	\$499
Cattlemen's Chili(+\$1 as sandwich side option)	\$599

For Compokes

1/2 Grilled Peanut Butter with Jam	\$799
Served with batte <mark>red fr</mark> ies or chips. Sub fruit +\$1, su	ub tomato bisque +\$2
1/2 Grilled Cheese	\$799
Served with battered fries or chips. Sub fruit +\$1, su	ub tomato bisque +\$2
Pancake with side	\$1099

One plain, chocolate chip or blueberry pancake served with choice of one side: two eggs OR two bacon slices OR one sausage patty OR potatoes

Specials

ellin, situa		ann:nuv
Grisco Patty Melt		\$16 ⁹⁹
Two smash burger patties top Thousand Island dressing, sec choice of side (or premium si	rved on sourdough toa	· •
Cowboy Chicken Tac	os	\$1599
3 crispy chicken tacos topped cheese. Served with your cho		
Shepherd's Pie		\$1699
Braised beef and veggies in a cheddar cheese and green or	rich gravy topped with	n mashed potatoes,
	Salads	
within and	Walaus	Minoma
,	A Comment of the Comm	
Add grilled ch	icken or fish to a	any salad – \$3 ⁹⁹
	nch, Raspberry Vinaigre Blue Cheese or Balsam	
		-
Tield Greens + 5		
Your choice of five of the foll	owing toppings on a be	ed of mixed greens
Apples	Red onion	Boiled egg
Dried cranberries	French fried onions	
Pears (in season) Strawberries	Avocado Tomato	Edamame Croutons
Feta	Cucumber	Sunflower seeds
Cheddar cheese	Bacon	Walnuts
Out	Tuning	
Tield Greens + 3	CHRIMERS	\$1299
A slightly smaller version of t		oice of 3 toppings
		d1 500
The Ranch Hand	The second secon	
Roasted vegetable medley se Add a fried egg - \$1	erved on a bed of mixed	d greens.
Quiche with side		\$1499
Puff pastry filled with chedda	Charles and All High County (See A.	
Choose vegetarian with spina	TONAS CONTROL OF THE PARTY OF T	
Change and side, base actuals	matataga / sida salad	/ *************** /

Choose one side: homestyle potatoes / side salad / roasted veggies /

cup of soup. Sub chili or fruit \$1

Breakfast All Day

Bunkhouse Breakfast	\$1599
Two eggs, homestyle potatoes, one pancake, plus choice of one:	
Two bacon slices OR one sausage patty OR roasted veggies. Sub	fruit +\$1
	•
Rancher's Breakfast	\$15 50
MIN. W. I.F. // // // /	············ • —
Two eggs, homestyle potatoes, choice of bread, plus <i>choice of one</i>	
Two bacon slices OR one sausage patty OR roasted veggies. Sub	Truit +\$1
(0 1)	#1 <i>E</i> 50
Omelet	\$1550
Three-egg omelet with cheese, onions and bell peppers, served wit	
homestyle potatoes and choice of bread. Add bacon or sausage ins	ide, +\$2 each
Pancakes	\$13 99
Two pancakes (traditional, blueberry or chocolate chip) plus <i>choice</i>	of one side:
Two eggs OR two bacon slices OR one sausage patty OR roaste	-
OR homestyle potatoes. Sub fruit +\$1. Gluten-free pancakes +	
777	***************************************
Biscuits & Gravy	\$11 99
Buttermilk biscuits served with a generous helping of savory sausag	
Add 2 eggs for \$2.50	ge gravy.
Add 2 eggs 101 \$2.50	
O(1): Officer	\$13 ⁹⁹
Belgian Waffle	1 3
Topped with butter and whipped c <mark>ream, ser</mark> ved with <i>choice of one</i>	
Two eggs OR two bacon sli <mark>c</mark> es <mark>O</mark> R o <mark>ne sa</mark> usage patty OR roaste	d veggies
OR homestyle potatoes. Sub fruit +\$1. Gluten-free waffle +\$1	
	1.4.400
Cock A Doodle Do	\$14 ⁹⁹
Homestyle potatoes topped with a sausage patty, smothered with	
sausage gravy and crowned with 2 eggs. Add cheese or jalapenos +	·\$1 each
Quiche with side	\$14 99
Puff pastry filled with cheddar cheese, bell peppers and onions.	
Choose vegetarian with spinach, or meat lovers with sausage.	
Choose one side: homestyle potatoes / side salad / roasted veggi	es /
cup of soup. Sub chili or fruit +\$1	<i>cs</i> ,
Sup St. Sup St. Market	
Breakfast Burrito	\$11 99
# # N / N W	
Grilled flour tortilla filled with scrambled eggs, bell peppers, onions	
jalapenos, pico de gallo, aioli, homestyle potatoes and pepper jack	cneese.
Add bacon or sausage, +\$2 each. Add avocado +\$1	
	#10 00
Git Up N Go (breakfast sandwich)	\$10 ⁹⁹
Two eggs topped with cheese on your choice of brioche bun, biscu	it,

English muffin or toast. Add bacon or sausage, +\$2. Add avocado + \$1

Drinks

Tountain Drinks		\$3 ⁷⁵
Coke, Diet Coke, Coke Zero, Dr. Pepper, Diet Dr. Pe		
Zuma (formerly Rev Honey) ————————————————————————————————————		
Iced Tea / Hot Tea		\$3 95
*Free refills of 16oz size brewed coffee	\$3 ⁵⁰ (120z)	\$4 ⁵⁰ (160z)
Juice orange, apple, cranberry	\$3 ⁹⁵ (120z)	\$4 ⁹⁵ (160z)
Milk	\$2 ²⁵ (120z)	\$2 ⁹⁵ (160z)
Chocolate Milk	\$3 ²⁵ (120z)	\$3 ⁹⁵ (160z)
Hot Chocolate	\$3 ⁷⁵ (120z)	\$4 ²⁵ (160z)
Strawberry, wild berry, peach or strawberry b		\$7 ⁹⁵ (160z)

Breakfast A la Carte

Check out our beverage menu for our full selection of coffees, teas and spirits

Oatmeal with brown sugar	\$6.99
2 Eggs, scrambled or fried (add cheese - \$1)	\$4.50
2 Bacon slices (pork or turkey)	\$5.50
Sausage patty (pork or chicken)	\$5.50
Grits with butter (add cheese + \$1)	\$4.50
Toast, English muffin or biscuit, with house made jam	\$3.99
Fresh fruit cupple VET DI LITE	\$5.50
Homestyle potatoes	\$5.50
Vanilla yogurt with granola & house made jam	\$7.99
CHANK	A A LIV



Drinks!

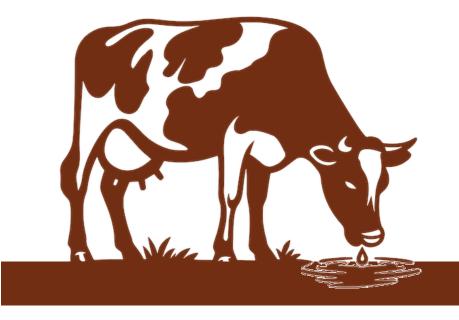
coffee - tea - craft beer - spirits

At Have A Cow we roast our own coffee, using a Guatemalan bean and blending a medium roast with a dark roast to create a full-bodied blend.

Our teas are freshly brewed loose-leaf teas crafted by Piper & Leaf Artisan Tea Co. All of their teas are blended with as many local ingredients as possible, straight from the garden, farm, forest, and briar patch.

We source our craft beers from local breweries as much as possible with a few of our favorites thrown in from around the country.

Every beverage is chosen and prepared with intentionality and care to brighten your experience at our restaurant. We're so glad you're here!





Loose Leaf Tea from Piper & Leaf Tea Co. HOT OR ICED \$3.95

Gront Porch Special (HOUSE BREW)

Caffeinated. Hearty Earl Grey, jasmine and a hint of spearmint

Piper Mint Blues

Caffeine free. Sweet mint, sharp fruit overtones, mellow finish

Golden Hour Tonic

Caffeine free. Grapefruit, turmeric, spicy ginger and pineapple

Healing Honeysuckle

Caffeine free. Echinacea meets fragrant jasmine

Lemon Berry Blush

Lightly Caffeinated. Vibrant strawberry with just a blush of lemongrass

Grchard Peach

Caffeine free. Hibiscus flower, dried rose hips, peaches, papaya and pineapple

Sweetie Pie Chai

Caffeine free. Candied sweet potato, cinnamon and creamy cloves

Monks Meditation

Caffeinated. Ceylon tea, sweet Grenadine and vanilla

Briar Patch Brew

Caffeine free. Hibiscus, Blueberries, Blackberries and Elderberries

Green Tea

Caffeinated. Premium Green Tea blend



Quensville Tog \$6.95

Front Porch Special with vanilla and steamed milk



All coffees can be decaf / iced

SUBSTITUTE ALMOND OR OAT MILK - \$1.00

	$_{-}$ $\$3.^{50}$ (120z) $_{-}$ $\$4.^{50}$ (160z or mug)*
*Free refills of large size brewed co	offee
Cold Brew	\$4. ⁹⁵ (160z) _ \$6. ⁵⁰ (200z)
	$\$3.^{95}$ (120z) $_$ $\$4.^{95}$ (160z or mug)
Brewed coffee with steamed milk	
Espresso shot	\$2.00
Americano	$_$ \$ $3.^{95}$ (120z) $_$ \$ $4.^{95}$ (160z or mug)
LatteEspresso with steamed milk, toppe Cappuccino = more foam, Flat Whi	d with silky milk foam
Chai Tea Latte _ Masala chai with steamed milk. D	$_{-}$ \$3.95 (120z) $_{-}$ \$4.75 (160z or mug) Pirty Chai = with espresso (+\$2)
CARAMEL MOOCHIATO - Latte w	$_{-}$ $\$6.^{50}$ (120z) $_{-}$ $\$7.^{50}$ (160z or mug) with vanilla, topped with caramel swirls sney and vanilla, topped with cinnamon
Café Mocha Espresso with steamed milk - choc topped with whipped cream	$_{-}$ $\$5.95$ (12oz) $_{-}$ $\$6.95$ (16oz or mug) colate, white chocolate or caramel,
Grappé Blended, iced coffee - caramel, cho topped with whipped cream	
Irish Coffee	\$7. ²⁵
•	ueur. Add Four Roses whiskey +\$4
ADD FLAVOR TO ANY DRINK	\$1 .00

ADD FLAVOR TO ANY DRINK

Chai

Hazelnut

Raspberry

Sugar-free Hazelnut

Toasted Marshmallow

Cinnamon (no charge)

Lavender

Peppermint

Caramel

Vanilla

Brown Sugar

Sugar-free Vanilla



.....\$7 GLASS _ \$21 BOTTLE House Red Wine.... Smooth, dry blend with notes of dark fruits. Aged in American and French oak, giving it a nice toasted aroma and smooth mouthfeel.

House White Wine _____\$7 GLASS _\$21 BOTTLE

A California Chardonnay with classic notes of green citrus and tree fruits. Aged in oak which adds a touch of butterscotch and a fuller body.

Cocktails, Seltzers & Ciders



cider

State Wide Pale Ale	\$7
Schlafly Pale Ale	\$4 .50
Mildly spiced ale with a hint of fruitiness.	
Urban Underdog Pale Ale	\$7
Classic pale ale profile with a nice bit of spice and citrus.	
Logboat High Tide	\$4.50
American Pale Wheat Beer. Easy drinking, bright, light and zesty	′
Island Rascal	\$5
Fantastic white wheat, white citrus, and Belgian spice flavors.	
Tank 7 Tarmhouse Ale	\$6.50
An effervescent ale that's a little citrusy, a little hoppy, and a litt	le dry.
&pace Camper Cosmic IPA	
Space Camper Cosmic IPAA juicy IPA bursting with tropical fruit flavors and aromas of nec	\$4.50
_	\$ 4. 50
A juicy IPA bursting with tropical fruit flavors and aromas of nec	\$4.50 tar and citrus \$4.50
A juicy IPA bursting with tropical fruit flavors and aromas of nec	\$4.50 tar and citrus \$4.50 vors.
A juicy IPA bursting with tropical fruit flavors and aromas of neconstant of the second secon	\$4.50 tar and citrus \$4.50 vors.
A juicy IPA bursting with tropical fruit flavors and aromas of neconstance of the second seco	\$4.50 tar and citrus \$4.50 vors.
A juicy IPA bursting with tropical fruit flavors and aromas of nectors. Schlafly Hazy IPA A golden ale combining hops with hints of tropical and citrus flated and the school of the s	\$4.50 tar and citrus \$4.50 vors. \$4.50
A juicy IPA bursting with tropical fruit flavors and aromas of neconstance of the second seco	\$4.50 tar and citrus \$4.50 vors. \$4.50

Traditional hefeweizen with a wheat malt base and banana and clove notes.

Urban Chestnut Zwickel

Urban Underdog Lager

Golden lager with a bright crispness that cuts through refreshingly.

An unfiltered, unpasteurized, German classic.

Craft	Beers
-------	-------

•	City Museum Pilsner\$	\ \ \
	Like the Museum that inspired it, this beer is an eclectic mix of cool ingredients: tangerine and ginger, malt and hops for a bright, citrusy summer beer.	
PILS	Parker Pilsner\$	37
	Brewed in collaboration with St. Louis City SC's Tim Parker, this American pilsner with Amarillo hops is a refreshing twist on a classic style	•
	Wiseacre Tiny Bomb\$4.	2.
•	German pilsner malt spiked with wildflower honey.	
*	Logboat Mamoot\$4.	.50
	A mild brown ale with subtle notes of jam, coffee, and chocolate.	
N N	Civil Life American Brown	35
BROWN	Malty, toasty, and citrusy, with hints of chocolate and dark roasted coffee.	
•	Heavy Riff Velvet Underbrown\$6. Velvety dark brown ale brewed with lactose and oats, with a chocolate finite.	
•	Galactic Cowboy Nitro\$	5 6
	Stout with notes of bittersweet chocolate and black coffee.	
	Piney River Black Walnut\$4.	.5(
STOUT	American-style dark wheat beer with a black walnut aroma and finish	
	Nitro Milk Stout\$ Tiny nitro bubbles with aromas of roasted coffee, milk chocolate, brown sugar and vanilla cream.	S <i>C</i>
	Peanut Butter Milk Stout\$	55
•	Like a peanut butter cup you can drink!	
• NON	Like a peanut butter cup you can drink!	5 3